



HOW TO USE YOUR PARTICIPANT CENTRE!

The screenshot shows the participant centre interface with several key sections:

- Home** navigation menu.
- Up your game.** Section with a "Connect with STRAVA" button and "I learn more" link.
- What to do next?** A list of five tasks:
 - Set up your Personal Page
 - Add Contacts to Your Address Book
 - Send an Email
 - Thank your Donors
 - Set a Goal
- Recent Activity** Table:

You donated \$100.00	Jun 09
... joined your team	Apr 29
... joined your team	Apr 29
... joined your team	Apr 29
You joined Light The Night Montreal	Apr 28
- Contacts** Table:

All Contacts	4
Never Emailed	4
Needs follow-up	0
Unthanked Donors	0
Donors	1
Non-Donors	3
- Dispel Darkness** and **Defy Despair** sections with "Share" buttons.
- Your Fundraising Progress** section with a progress bar from \$100.00 to \$1,000.00.
- Personal Donations** table:

...	Jun 9	\$100.00	✓
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- Personal Page** section with "URL Settings", "Edit Content", and "Update Media" buttons.

Send emails to solicit donations or thank donors.

Update your username, password and personal information and choose to have an anonymous or public profile.

Download the Strava application to sync your fitness activities with your fundraising.

See your most recent activity like who joined your team or made a donation!

Import contacts from your address book to easily send emails.

Post a dedication to honour a loved one lost to a blood cancer on the memory wall.

Leave a message of hope to the blood cancer community.

Switch between your personal or team page to customize photos and bio.

Choose up to 3 team members to be co-captains

Customize your fundraising URL.

Click the URL, then hit share on your fundraising page to recruit or ask for donations through social media.

Customize your personal page or team page by sharing your story and photos!

Submit any funds collected from a fundraising activity or event you hosted. To make a donation on behalf of friends or family members, enter the donations here.

* Tax receipts are not issued for funds collected from a fundraising activity or event.

