

HOW TO USE YOUR PARTICIPANT CENTRE!

The screenshot shows the participant centre interface with several key sections:

- Home** navigation menu.
- Up your game.** Section with "Track your activities and challenge yourself." and buttons for "Connect with STRAVA" and "Learn more".
- What to do next?** A list of tasks:
 1. **Set up your Personal Page**: Customize your Personal Page with a story about why you are raising funds for this cause.
 2. **Add Contacts to Your Address Book**: Add contacts to email from your personal Address Book on our site.
 3. **Send an Email**: You have sent no emails to your family or friends. Add them to your Address Book and email them about your fundraising effort.
 4. **Thank your Donors**: Thank your donors!
 5. **Set a Goal**: You have reached 10% of your goal. Can you set a higher goal?
- Recent Activity**: A list of recent actions:
 - You donated \$100.00 (Jun 09)
 - [Name] joined your team (Apr 29)
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 - You joined Light The Night Montreal (Apr 28)
- Contacts**: A list of contact categories:
 - All Contacts: 4
 - Never Emailed: 4
 - Needs follow-up: 0
 - Unthanked Donors: 0
 - Donors: 1
 - Non-Donors: 3
- Dispel Darkness**: "Post a memory of a loved one lost to a blood cancer." with a "Share" button.
- Defy Despair**: "Share your message of hope with the blood cancer community." with a "Share" button.
- Your Fundraising Progress**: A progress bar showing \$100.00 raised of a \$1,000.00 goal, with an "Edit Goal" button.
- Personal Donations**: A list of donations, including one for \$100.00 on Jun 9.
- Personal Page**:
 - Personal Page URL: https://secure.liscanada.org/site/TR/LTN/Quebec?px=1003043&pg=personal&fr_id=1148&s_locale=en_CA
 - Buttons: "URL Settings", "Edit Content", "Update Media".
 - Body text: "Light The Night brings communities across Canada together for one magical evening to share stories, remember loved ones lost and pay tribute to our heroes, bringing light, love and hope to dispel the darkness of blood cancers. I am taking the first step and showing my support."
 - Photos/Video section with a photo of balloons and an "Update Media" button.

Send emails to solicit donations or thank donors.

Update your username, password and personal information and choose to have an anonymous or public profile.

Download the Strava application to sync your fitness activities with your fundraising.

See your most recent activity like who joined your team or made a donation!

Import contacts from your address book to easily send emails.

Post a dedication to honour a loved one lost to a blood cancer on the memory wall.

Leave a message of hope to the blood cancer community.

Switch between your personal or team page to customize photos and bio.

Choose up to 3 team members to be co-captains

Customize your fundraising URL.

Click the URL, then hit share on your fundraising page to recruit or ask for donations through social media.

Customize your personal page or team page by sharing your story and photos!

Submit any funds collected from a fundraising activity or event you hosted. To make a donation on behalf of friends or family members, enter the donations here.

* Tax receipts are not issued for funds collected from a fundraising activity or event.